

# Guide to Training Desirable Habits in the Classroom

# Training Desirable Habits

## Steps

- ① What problem are you correcting?
- ② What is the desirable habit you wish to put in place of the problem behavior?
- ③ When will this habit take place? What are the triggers?
- ④ Write down detailed steps of the habit.
- ⑤ Prepare for training. Set up the situation simulation.
- ⑥ Practice with your class — model the right way, the wrong way and the right way again.
- ⑦ Try it out for real and prepare for do-overs.
- ⑧ Rinse and repeat daily until it's a habit [students use your system without thinking].

# Managing Online Classroom Behavior

- ① Mute all participants immediately after saying Hello. Or, have students automatically muted when entering. They can say hello in the chat box.
- ② Right before you start for the day, have a class meeting. Share, say hi, etc. Use microphones or the chat box.
- ③ Teach your specific behavior expectations.
- ④ Train students in classroom camera etiquette.
- ⑤ Have students raise their hand to answer [or request a turn to speak in the chat box]. Unmute them when you call on them.
- ⑥ Remind students what staying focused and ready to participate looks like and sounds like [not playing on their Switch off camera].
- ⑦ Teach chat box expectations. Be prepared to close it if students can't resist it.
- ⑧ If students are distracting on camera, turn their camera off.
- ⑨ Practice together and prepare for do-overs.

# Online Classroom Behavior Expectations

- ① Say Hello and mute your microphone.
- ② Be prepared to share and participate.
- ③ Be calm and controlled on camera so you don't distract others.
- ④ Raise your hand to answer, and I'll unmute your microphone when I call on you.
- ⑤ Stay focused and ready to participate. Look at the person who is speaking or the information being shared.
- ⑥ Be respectful of others.
- ⑦ Come to class on time and prepared for the lesson.
- ⑧ Use the chat box for answering the teacher, not personal conversations or comments.



# Thanks for joining Team HOPE!

Everything I create is done with simplifying and quality learning in mind. I believe we can simplify without sacrificing quality in our teaching. Teaching is hard enough. We need less complications and simple, effective solutions for daily teaching.

By simplifying, we set our feet on the path that will help us find some balance and maintain our joy for teaching. Sounds like a dream, right?! That's one of the beauties of sharing resources! It's one more tool to help us maintain quality and still simplify without having to recreate the wheel. :D

Thanks for being a teacher. What you do every day is incredibly important work. You matter.

Teach joyfully,

*Lisa*

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